



Welcome to our Fitness Tracker App

Health and Safety notice:

ALWAYS MAKE SURE YOUR TEACHERS KNOW THE MEDICAL HISTORY OF ALL THEIR PUPILS BEFORE THEY EMBARK ON ANY FITNESS ACTIVITY. THIS IS ESPECIALLY IMPORTANT WHEN ASKING PUPILS TO PUSH THEMSELVES QUITE HARD. MAKE SURE ASTHMATIC CHILDREN USE THEIR INHALERS APPROPRIATELY.

Dear PE co-ordinator,

Welcome to our App.

All your teachers should receive a welcome letter similar to this showing them how to use the App.

They will need their log in information.....get this from your administrator

(Business manager, bursar, admin officer, school secretary, or IT manager)

All class registers should already be loaded into the software....your administrator will tell you how to locate classes.

Please ask your teachers to see the quickstart guide in their welcome letter.

Once teachers are familiar with the software, we suggest that the first thing you do is ask them to perform the "Benchmark" function in order to establish the school's baseline position.

If you do this annually you can monitor year-on-year progress.

Ask all teachers to perform this task in the same week if possible. Do this soon after buying the software. Longer term its probably best to do this at the start of every year.

When teachers analyse the results, anything which comes up in red can be the basis for a class or school action plan.

We would then recommend that you ask your teachers to perform the "track individual pupils" function once per term (time permitting).

Results for this are broken down into 4 colour coded categories.

Children who are highlighted in red are performing at a level significantly below that which we might expect for their age/sex.

You may consider referring these children for additional provision. For example, extra PE, fit4life clubs, community health projects etc

If you have any technical problems, please refer to your school administrator.

If the school administrator cannot resolve technical problems, contact us through the website.

Thank You

The Primaryfitnessstracker Team.